



What Persons Living with Dementia Want Care Partners to Know

A Conversation Guide for Mixed Audiences

We are deeply grateful for the family members, friends, and others who walk beside us and provide care, encouragement, and support. Today's conversation is about understanding what people living with dementia want care partners to know. Together, we'll explore how to balance providing support with honoring our right to make choices, direct our own lives, and remain active partners in our care. Living well with dementia is strongest when care is built on trust, respect, and working together.

CONVERSATION AGREEMENTS

As we engage in this conversation, we also invite you to:

- ✓ Respect every person's feelings, whether you understand them or not.
- ✓ Suspend judgment and seek to understand each person's experience with empathy.
- ✓ Pause for reflection before responding.
- ✓ Listen to connect, not to correct or fix.

DISCUSSION PROMPTS

1. I wonder what thoughts came to mind as you listened to the experiences shared in the video.
2. I'm curious what you heard that deepened your understanding of what persons living with dementia want care partners to know.
3. I wonder what this conversation brings to mind about strengthening relationships after a dementia diagnosis.
4. I'm interested in hearing what you think helps persons living with dementia and care partners stay connected through everyday experiences.
5. I'm curious how today's conversation might influence your relationships or daily interactions.
6. Before we close, I wonder what thoughts or reflections you're taking with you from today's conversation.

TAKE IT FURTHER

- How will you share what you've learned today with family, friends, colleagues, and your community?
- What is one thing you can do to help someone living with dementia feel heard, understood, and supported throughout this process?

Thank you for listening with curiosity and compassion today.

